

**EMBERS:
THE SPIRITUAL WISDOM OF RICHARD WAGAMESE
THE UNITARIAN FELLOWSHIP OF PETERBOROUGH
DECEMBER 30, 2018**

On this Sunday we presented a spoken word piece taken from the late Richard Wagamese's book, *Embers*. The script was created by Rev. Helen McFadyen for a worship presentation at the Unitarian Universalist Fellowship of Kamloops, BC, with the knowledge and affirmation of Yvette Lehmann (fiancé of Richard Wagamese).

The following bit of wisdom, found on page 114, generated much conversation, and it was requested that it be posted.

Me (Richard): What's the greatest teaching in life?

Old Woman: You have to make your own moccasins.

Me: You're kidding, right?

Old Woman: No. You make them from the hide of your experiences, all the places you have walked. You sew them together with the thread of the teachings, the lessons embedded in all the hard miles. You stitch them carefully with the needle of your intention – to walk a spiritual truth – and when you're finished, you realize Creator lives in the stitches. That's what helps you walk more gracefully.