

## This Week's Walk by Margeree Edwards

Mar 5, 2021

### The TransCanada Little Lake Trail

All that lovely sunshine is melting snow and cooling to make icy, slippery walks. I also saw some squishy mud. This is the price we pay to bring on SPRING!

The TransCanada Little Lake Trail is a favourite of many all year round. I have a friend who grew up in England who likes to walk the Little Lake Shoreline - a far call from an ocean - but somewhat satisfying.

From Sofia Street, enter the parking lot for the Roger's Cove Beach and walk east along the shoreline to Lock 20 Ashburnham. The little bridge over the lock can take most methods of transport except cars. Follow the gentle ups and downs of the trail past the Head Office of the Trent-Severn Waterway on your left. Next, Johnson Park, on your left with the big green box, is the new home for the Canadian Canoe Museum.

As you approach the Witlaw Creek Bridge notice a couple of trees on the west shore that look just like Mr. Bendies. They illustrate the effect and strength of the wind that comes down that shoreline. Once across the bridge you are now in Beavermead Park.

There is a 'somewhat orange' building ahead. Go to the right, in front of the building, to the shoreline. Today, it could not have been more beautiful - the lake reflecting the very blue sky in three different shades, with floating white ice streaking through.

Following the shore, you have a number of options for length of walk and 'work-out' choices. There are soccer fields that make a great way to add distance covered by circling them. Some hardy people go around twice.

Going back to the east, you come to the ICE sign on the entrance to the campground. If you have not seen it yet, you will want to go down the road through the campgrounds to see the new washroom on your right. Very impressive. They have sections for any task you can think of if you were camping here at Beavermead.

Back to the 'ICE' sign and out across a small bridge takes you, on the right, to a larger bridge that connects you with GreenUp Ecology Park.

To get back to your car at Roger's Cove take the TransCanada Trail all the way. Walking is a good way to get moving in March.